



Route 30Z Weekdays

BART from Fremont (arrives)	El Cerrito Del Norte BART	Richmond Parkway Transit Center (leaves)	Fitzgerald/Best Buy	Pinole Valley/Henry	Hercules Transit Center (arrives)	VA Hospital	Contra Costa Regional Medical Center	Court Street	Amtrak Station (arrives)	Amtrak Station (leaves)	Hercules Transit Center (arrives)	Pinole Valley/Henry	Fitzgerald/Sizzler	Richmond Parkway Transit Center (leaves)	El Cerrito Del Norte BART	Train to Fremont Departs
05:57	05:59			06:16	06:24	06:42	06:51	06:55	06:59	07:13	07:36	07:43			08:00	08:08
06:27	06:31			06:48	06:56	07:14	07:23	07:27	07:31	07:45	08:08	08:15			08:32	08:38
06:57	07:02			07:19	07:27	07:45	07:54	07:58	08:02	08:16	08:39	08:46			09:03	09:08
07:27	07:32			07:49	07:57	08:15	08:24	08:28	08:32	08:45	09:08	09:15			09:32	09:38
07:57	08:00			08:17	08:25	08:43	08:52	08:56	09:00	09:07	09:30	09:37	09:42	09:47	10:00	10:08
08:27	08:32			08:49	08:57	09:15	09:24	09:28	09:32	09:55	10:18	10:25	10:30	10:35	10:48	10:53
09:27	09:32	09:44	09:49	09:53	10:01	10:19	10:28	10:32	10:36	10:55	11:18	11:25	11:30	11:35	11:48	11:53
10:27	10:31	10:43	10:48	10:52	11:00	11:18	11:27	11:31	11:35	11:39	12:02	12:09	12:14	12:19	12:32	12:38
11:27	11:30	11:42	11:47	11:51	11:59	12:17	12:26	12:30	12:34	12:40	01:01	01:08	01:13	01:18	01:31	01:38
12:27	12:32	12:44	12:49	12:53	01:01	01:19	01:28	01:32	01:36	01:40	02:03	02:10	02:15	02:20	02:33	02:38
01:27	01:31	01:43	01:48	01:52	02:00	02:18	02:27	02:31	02:35	02:45	03:08	03:15			03:32	03:38
02:27	02:33	02:45	02:50	02:54	03:02	03:20	03:29	03:33	03:37	03:47	04:10	04:17			04:34	04:38
03:27	03:32	03:44	03:49	03:53	04:01	04:19	04:28	04:32	04:36	04:46	05:09	05:16			05:33	05:38
04:12	04:17			04:33	04:41	04:59	05:07	05:11	05:15	05:16	05:39	05:46			06:03	06:08
04:42	04:47			05:03	05:11	05:29	05:37	05:41	05:45	05:46	06:09	06:16			06:33	06:38
05:12	05:17			05:33	05:41	05:59	06:07	06:11	06:15	06:16	06:39	06:46			07:03	07:08
05:42	05:47			06:03	06:11	06:29	06:37	06:41	06:45	06:46	07:09	07:16			07:33	07:38
06:12	06:17			06:33	06:41	06:59	07:07	07:11	07:15	07:16	07:39	07:46			08:03	08:08